



Love is at The Bear...
Valentine's Dinner Menu

FRIDAY 13TH & SATURDAY 14TH FEB

STARTERS

Duck Liver Pate with Dorset chutney & toasted soda bread (gfa)
Creamy Mushroom Soup, crispy sage leaves & sourdough (v/gfa)
Hummus Plate, served with warm flatbread (vg/gfa)
Scallops with sweet potato puree, black garlic & herb butter (gf)
£4 supplement



MAIN DISHES

Seabass Fillet, butter and cannellini bean cassoulet, vine roasted tomatoes, lemon and capers dressing (gf)
Gnocchi with a pea, courgette & kale medley, topped with crumbled feta & herb yoghurt (gf/vga)
Chicken Supreme with a fino sherry sauce, dauphinoise potatoes, tenderstem broccoli & chantenay carrots (gf)
6oz Fillet Steak, dauphinoise potatoes, vine roasted tomatoes, mushroom, rocket salad. Peppercorn sauce **or** garlic butter (gf)
£5 supplement

DESSERTS



Mango & Passionfruit cheesecake (v)
Dark Chocolate Mousse with a chocolate crumb & dipped strawberry (v/gf)
Sticky Toffee Pudding with vanilla gelato (v)
Boozy Affogato. Vanilla gelato, espresso, vanilla vodka & chocolate shavings (v/vga/gfa)



2 Courses - £30 | 3 Courses - £38

To book: www.thebearwareham.co.uk | Tel: 01929 288150